



General Assembly

January Session, 2007

Proposed Bill No. 6155

LCO No. 1382

Referred to Committee on Select Committee on Children

Introduced by:

REP. MUSHINSKY, 85th Dist.

AN ACT CONCERNING SCHOOL RECESS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 That section 10-221o of the general statutes be amended to (1)
- 2 require that every public school include in the regular school day for
- 3 each elementary student enrolled a minimum of twenty minutes per
- 4 day of recess or one hundred twenty minutes a week, or equivalent
- 5 opportunity for physical activity, (2) require the Department of
- 6 Education to report annually to the General Assembly a list of school
- 7 districts that failed in the previous year to comply with such
- 8 requirement, and (3) require each school district that appears on the
- 9 list to offer such recess within two years.

Statement of Purpose:

To promote student physical activity and mental health by requiring a minimum of twenty minutes of recess.